

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday






Saturday



# March 2024

## The Residence at North Ridge



<p><b>3</b></p> <p>*10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:00 Monopoly- 3<sup>rd</sup> FL *6:00 Yahtzee</p>	<p><b>4</b></p> <p>10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bean Bag Toss 2:30 Craft Project-Must Sign Up *2:30 Creative Coloring</p>	<p><b>5</b></p> <p>10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:00 Shopping to Target- Must sign up *10:30 Coffee &amp; Conversation 1:30 Bingo</p>	<p><b>6</b></p> <p>10:00 Powerback Exercise *10:30 Coffee &amp; Conversation 10:30 Communion- 4<sup>th</sup> FL 1:30 Social Hour- All About Oreos! 2:30 Women's Bible Study *6:00 Apples to Apples- 3<sup>rd</sup> FL</p>	<p><b>7</b></p> <p>10:00 Exercise 10:00 Shopping to Dollar Tree- Must sign up *10:30 Coffee &amp; Conversation 1:30 Jeopardy Game 2:45 Church Service *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p>	<p><b>8</b></p> <p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Walmart- Must sign up *10:30 Coffee &amp; Conversation 1:30 Bingo 2:30 Schwan's- Main Lobby</p>	<p><b>9</b></p> <p>*10:30 Coffee &amp; Conversation *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL *2:00 Creative Coloring Activity Packets Available</p>
<p><b>10</b></p> <p>*10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:00 Monopoly- 3<sup>rd</sup> FL *6:00 Yahtzee</p> 	<p><b>11</b></p> <p>10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Leprechaun Launch Bean Bag Toss *2:30 Creative Coloring Shades of Green Week</p>	<p><b>12</b></p> <p>10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:00 Shopping to Unique Thrift Store- Must sign up *10:30 Coffee &amp; Conversation 1:30 Bingo 2:30 Culinary Meeting 3:00 Fairy Hair- Must sign up</p>	<p><b>13</b></p> <p>10:00 Powerback Exercise *10:30 Coffee &amp; Conversation 10:30 Communion- 4<sup>th</sup> FL 1:30 St. Patrick's Party 2:30 Women's Bible Study *6:00 Apples to Apples- 3<sup>rd</sup> FL</p>	<p><b>14</b></p> <p>10:00 Exercise 10:00 Shopping to Michael's- Must sign up *10:30 Coffee &amp; Conversation 1:30 Birthday Party Entertainment By Brian Peterson 2:45 Church Service *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p>	<p><b>15</b></p> <p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Kohl's - Must Sign Up *10:30 Coffee &amp; Conversation 1:30 Bingo *3:00 Book Club- 3<sup>rd</sup> FL Cookie Day!</p>	<p><b>16</b></p> <p>*10:30 Coffee &amp; Conversation *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL *2:00 Creative Coloring Activity Packets Available</p>
<p><b>17</b></p> <p>*10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:00 Monopoly- 3<sup>rd</sup> FL *6:00 Yahtzee</p> 	<p><b>18</b></p> <p>10:00 Exercise 10:00 Shopping to HyVee- Must sign up 10:30 Pokeno 1:30 LeagueAires Singing Group *2:30 Creative Coloring</p>	<p><b>19</b></p> <p>10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:00 Shopping to Walmart- Must sign up *10:30 Coffee &amp; Conversation 2:00 Community Bingo With the Mayor Spring Begins</p>	<p><b>20</b></p> <p>10:00 Powerback Exercise *10:30 Coffee &amp; Conversation 10:30 Communion- 4<sup>th</sup> FL 1:30 Social Hour with Resident Spotlight 2:30 Women's Bible Study *6:00 Apples to Apples- 3<sup>rd</sup> FL</p>	<p><b>21</b></p> <p>10:00 Exercise 10:00 Outing to Ikea- Must sign up 10:30 Resident Meeting 1:00 Ambassador Mtg-3<sup>rd</sup> FL 1:30 Scattergories- 3<sup>rd</sup> FL *6:00 Hand &amp; Foot Cards-</p>	<p><b>22</b></p> <p>9:15 Seated Exercise 9:30 Como Conservatory- Must sign up 10:00 Exercise *10:30 Coffee &amp; Conversation 1:30 Bingo 2:30 Learn About Purim 2:30 Schwan's- Main Lobby</p> 	<p><b>23</b></p> <p>*10:30 Coffee &amp; Conversation *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL *2:00 Creative Coloring Activity Packets Available</p>
<p><b>24</b></p> <p>*10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:00 Monopoly- 3<sup>rd</sup> FL *6:00 Yahtzee</p> 	<p><b>25</b></p> <p>10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bowling *2:30 Creative Coloring</p>	<p><b>26</b></p> <p>Wear PURPLE Day 10:00 Exercise 10:45 Lunch Outing to Bucca- Must sign up 10:00-11:00 Nailcare- Sign up *10:30 Coffee &amp; Conversation 1:30 Bingo 2:30 Bingo Bucks Auction</p>	<p><b>27</b></p> <p>10:00 Powerback Exercise *10:30 Coffee &amp; Conversation 10:30 Communion- 4<sup>th</sup> FL 1:30 Social Hour- National Ice Cream Day! 2:30 Women's Bible Study *6:00 Apples to Apples- 3<sup>rd</sup> FL</p>	<p><b>28</b></p> <p>10:00 Exercise 10:00 Shopping to Dollar Tree- Must sign up 10:30 Coffee Talk: Presented by Powerback Rehab 1:30 Easter Tea 2:45 Church Service *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p>	<p><b>29</b></p> <p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Marshall's- Must sign up *10:30 Coffee &amp; Conversation 1:30 Bingo 2:30 Bingo Bucks Auction</p>	<p><b>30</b></p> <p>*10:30 Coffee &amp; Conversation *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL *2:00 Creative Coloring Activity Packets Available</p>
<p><b>31</b></p> <p>*10:30 Coffee Conversation 12:00 TV Catholic, CH 24 1:00 TV Church, CH 24 *1:00 Monopoly- 3<sup>rd</sup> FL *6:00 Yahtzee</p> 	<p style="text-align: center;"><b>Activity Information Line: Dial 4100</b> For daily menus, weather, birthdays, trivia &amp; all other updates. Please remember to call the "65-I'm OK Line" by 10AM each morning.</p>					<p><b>30</b></p> <p>*10:30 Coffee &amp; Conversation *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL *2:00 Creative Coloring Activity Packets Available</p>

\*Denotes a resident led activity