

Sunday

Monday

Tuesday

Wednesday














Thursday

Friday

Saturday

# February 2024

## The Residence at North Ridge

<p>10:00 Exercise  <b>10:00 Shopping to Cub- Must sign up</b>          10:30 Pokeno  <b>1:30 Valentine Card Craft- Must sign up</b>          *2:30 Creative Coloring</p> 	<p>10:00 Exercise  <b>10:00 Shopping to Target- Must sign up</b>          *10:30 Coffee &amp; Conversation          1:30 Bingo</p>	<p>10:00 Powerback Exercise          *10:30 Coffee &amp; Conversation          10:30 Communion- 4<sup>th</sup> FL  <b>1:30 Birthday Party Music by Diane Zilverberg</b>          *6:00 Apples to Apples- 3<sup>rd</sup> FL</p>	<p>10:00 Exercise  <b>10:00 Shopping to Dollar Tree- Must sign up</b>          *10:30 Coffee &amp; Conversation          1:30 Bean Bag Toss          2:30 Women's Advent Study          *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p>	<p><b>National Wear Red Day</b> For Heart Health          9:15 Seated Exercise          10:00 Exercise  <b>10:00 Shopping to Walmart- Must sign up</b>          *10:30 Coffee &amp; Conversation          1:30 Bingo</p> 	<p>*10:30 Coffee Conversation          12:00 TV Catholic, CH 24          1:00 TV Church, CH 24          *1:00 Monopoly- 3<sup>rd</sup> FL          *6:00 Yahtzee</p>	<p>*10:30 Coffee &amp; Conversation          *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL          *2:00 Creative Coloring          Activity Packets Available</p> <p>Winter is 1/2 Over!!!</p>
<p>*10:30 Coffee Conversation          12:00 TV Catholic, CH 24          1:00 TV Church, CH 24          *1:00 Monopoly- 3<sup>rd</sup> FL          *6:00 Yahtzee</p>	<p>Wear <b>PINK</b>          10:00 Exercise  <b>10:00 Shopping to Cub- Must sign up</b>          10:30 Pokeno          1:30 Valentine Bowling          *2:30 Creative Coloring  <b>Cookie Day!</b></p> 	<p>Wear <b>Purple, Green &amp; Gold</b>          10:00 Exercise          10:00-11:00 Nailcare- Sign up          *10:30 Coffee &amp; Conversation  <b>10:45 Lunch Outing to Olive Garden- Must Sign Up</b>          1:30 Mardi Gras Bingo~  <b>Beads &amp; Bling!</b></p> 	<p>Wear <b>RED or HEARTS</b>          10:00 Powerback Exercise          *10:30 Coffee &amp; Conversation          10:30 Communion- 4<sup>th</sup> FL  <b>2:00 Valentine's Party</b></p> 	<p>Wear <b>PURPLE</b>          10:00 Exercise  <b>10:00 Shopping to Aldi- Must sign up</b>  <b>10:30 Resident Meeting</b>          1:00 Ambassador Mtg-3<sup>rd</sup> FL  <b>1-3:00 Voting</b>          1:30 Movie Matinee- 4<sup>th</sup> FL          2:30 Women's Advent Study          *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p>	<p>Wear <b>RED, PINK, or Purple</b>          9:15 Seated Exercise          10:00 Exercise  <b>10:00 Bachmans- Must sign up</b>          *10:30 Coffee &amp; Conversation          1:30 Bingo- 3<sup>rd</sup> FL          *3:00 Book Club- 3<sup>rd</sup> FL</p> 	<p>*10:30 Coffee &amp; Conversation          *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL          *2:00 Creative Coloring          Activity Packets Available</p> <p>Chinese New Year (Year of the Dragon)</p>
<p>*10:30 Coffee Conversation          12:00 TV Catholic, CH 24          1:00 TV Church, CH 24          *1:00 Monopoly- 3<sup>rd</sup> FL          *5:30 Super Bowl Game</p> 	<p>10:00 Exercise  <b>10:00 Shopping to Cub- Must sign up</b>          10:30 Pokeno          1:30 Toss &amp; Trivia (Bean Bags)          *2:30 Creative Coloring</p> 	<p>10:00 Exercise  <b>10:00 Shopping to Walmart- Must sign up</b>          10:00-11:00 Nailcare- Sign up          *10:30 Coffee &amp; Conversation          1:30 Bingo  <b>2:30 Bingo Bucks Auction</b></p>	<p>10:00 Powerback Exercise          *10:30 Coffee &amp; Conversation          10:30 Communion- 4<sup>th</sup> FL  <b>2:00 Coffee with the Mayor</b></p> 	<p>10:00 Exercise          *10:30 Coffee Talk:          Presented by Powerback Rehab  <b>10:45 Lunch Outing to Gion Vietnamese Restaurant - Must sign up</b>          1:30 Scattergories-3<sup>rd</sup> FL          2:30 Women's Bible Study-4<sup>th</sup>          *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p>	<p>9:15 Seated Exercise          10:00 Exercise  <b>10:00 Shopping to Goodwill &amp; Fresh Thyme- Must sign up</b>          *10:30 Coffee &amp; Conversation  <b>1:30 Bingo</b>  <b>2:30 Bingo Bucks Auction</b>          2:30 Schwan's- Main Lobby</p>	<p>*10:30 Coffee &amp; Conversation          *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL          *2:00 Creative Coloring          Activity Packets Available</p>
<p>*10:30 Coffee Conversation          12:00 TV Catholic, CH 24          1:00 TV Church, CH 24          *1:00 Monopoly- 3<sup>rd</sup> FL          *6:00 Yahtzee</p>	<p>10:00 Exercise  <b>10:00 Shopping to Cub- Must sign up</b>          10:30 Pokeno          1:30 Bowling          *2:30 Creative Coloring</p>	<p>10:00 Exercise          10:00-11:00 Nailcare- Sign up  <b>10:00 Shopping to Dollar Tree- Must sign up</b>          *10:30 Coffee &amp; Conversation          1:30 Bingo</p>	<p>10:00 Powerback Exercise          *10:30 Coffee &amp; Conversation          10:30 Communion- 4<sup>th</sup> FL  <b>2:00 Social Hour Luau</b></p> 	<p><b>AARP Tax Assistance- Sign up required</b>          10:00 Exercise          10:30 Coffee &amp; Conversation  <b>1:30 Leap Frog Races For Leap Day!</b>          2:30 Women's Bible Study          *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p> 	<p><b>Activity Information Line: Dial 4100</b>          For daily menus, weather, birthdays, trivia &amp; all other updates.  <b>Please remember to call the "65-I'm OK Line" by 10AM each morning.</b>          *Denotes a resident led activity</p>	<p>*10:30 Coffee &amp; Conversation          *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL          *2:00 Creative Coloring          Activity Packets Available</p>
<p>*10:30 Coffee Conversation          12:00 TV Catholic, CH 24          1:00 TV Church, CH 24          *1:00 Monopoly- 3<sup>rd</sup> FL          *6:00 Yahtzee</p>	<p>10:00 Exercise  <b>10:00 Shopping to Cub- Must sign up</b>          10:30 Pokeno          1:30 Bowling          *2:30 Creative Coloring</p>	<p>10:00 Exercise          10:00-11:00 Nailcare- Sign up  <b>10:00 Shopping to Dollar Tree- Must sign up</b>          *10:30 Coffee &amp; Conversation          1:30 Bingo</p>	<p>10:00 Powerback Exercise          *10:30 Coffee &amp; Conversation          10:30 Communion- 4<sup>th</sup> FL  <b>2:00 Social Hour Luau</b></p> 	<p><b>AARP Tax Assistance- Sign up required</b>          10:00 Exercise          10:30 Coffee &amp; Conversation  <b>1:30 Leap Frog Races For Leap Day!</b>          2:30 Women's Bible Study          *6:00 Hand &amp; Foot Cards- 3<sup>rd</sup></p> 	<p><b>Activity Information Line: Dial 4100</b>          For daily menus, weather, birthdays, trivia &amp; all other updates.  <b>Please remember to call the "65-I'm OK Line" by 10AM each morning.</b>          *Denotes a resident led activity</p>	<p>*10:30 Coffee &amp; Conversation          *1:00 Hand &amp; Foot Cards- 3<sup>rd</sup> FL          *2:00 Creative Coloring          Activity Packets Available</p>