

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 *10:30 Coffee & Conversation 12:00 TV Catholic Service, CH 24 12:00 MN Vikings at CAR 1:00 TV Church Service, CH 24 *6:00 Yahtzee	2 *10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bowling 2:30 Creative Coloring	3 *10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:30 Coffee & Conversation 10:45 Lunch Outing to 50's Grill- Must sign up 1:30 Bingo	4  Flu Shot Clinic 9-4:00 10:00 Encore Exercise 10:30 Coffee & Conversation 10:30 Communion- 4 th FL 2:00 Social Hour with State Plate Trivia	5 *10:00 Exercise 10:00 Shopping to Aldi- Must sign up 10:30 Coffee & Conversation 1:30 Jeopardy 2:30 Women's Bible Study With Dawn *6:00 Hand & Foot Cards- 3 rd	6 9:15 Seated Exercise *10:00 Exercise 10:00 Golden Valley Library- Must sign up 10:30 Coffee & Conversation 1:30 Bingo 2:30 Schwan's- Main Lobby 	7 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3 rd FL *2:00 Creative Coloring Activity Packets Available Simchat Torah Begins
8 *10:30 Coffee & Conversation 12:00 TV Catholic Service, CH 24 1:00 TV Church Service, CH 24 3:25 MN Vikings vs KC *6:00 Yahtzee	9 *10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bean Bag Toss 2:30 Creative Coloring 	10 9:45 Apple Orchard Outing- Must sign up *10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:30 Coffee & Conversation 1:30 Bingo 2:30 Culinary Meeting 	11 10:00 Encore Exercise 10:30 Coffee & Conversation 10:30 Communion- 4 th FL 2:00 Social Hour- Table Topic: Halloween Bring Halloween Photo or Decoration to Show 	12 *10:00 Exercise 10:30 Coffee & Conversation 10:00 Shopping to Dollar Tree- Must sign up 1:30 Oct Birthday Party Entertainment by Van & Kathy 2:30 Women's Bible Study With Dawn *6:00 Hand & Foot Cards- 3 rd	13 9:15 Seated Exercise *10:00 Exercise 10:00 Shopping to Walmart- Must sign up 10:30 Coffee & Conversation 1:30 Bingo 3:00 Book Club- 3 rd FL	14 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3 rd FL *2:00 Creative Coloring Activity Packets Available
15 *10:30 Coffee & Conversation 12:00 TV Catholic Service, CH 24 12:00 MN Vikings at CHI 1:00 TV Church Service, CH 24 (& shown in Act Rm) *6:00 Yahtzee	16 *10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bean Bag Toss 2:30 Creative Coloring	17 *10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:30 Coffee & Conversation 1:00 Dairy Queen for Ice Cream- Must sign up 1:30 Bingo 	18 10:00 Encore Exercise 10:30 Coffee & Conversation 10:30 Communion- 4 th FL 2:00 Social Hour & Hymn Sing w/ Bette & Eldean 	19 *10:00 Exercise 10:30 Coffee & Conversation 11:00 Resident Meeting 1:00 Ambassador Mtg-3 rd FL 1:30 Scattergories 2:30 Women's Bible Study With Dawn 2:30 Farmer's Market- Must sign up *6:00 Hand & Foot Cards- 3 rd	20  *10:00 Exercise 10:00 Shopping to Kohl's- Must sign up 10:30 Coffee & Conversation 1:30 Bingo 2:30 Schwan's- Main Lobby Cookie Day! 	21 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3 rd FL *2:00 Creative Coloring Activity Packets Available
22 *10:30 Coffee & Conversation 12:00 TV Catholic Service, CH 24 (& shown in Act Rm) 1:00 TV Church Service, CH 24 (& shown in Act Rm) *6:00 Yahtzee	23 *10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Bean Bag Toss 2:30 Creative Coloring 7:15 MN Vikings vs SF 	24 *10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:30 Coffee & Conversation 10:00 Shopping to Walmart- Must sign up 1:30 Bingo 2:30 Bingo Bucks Auction	25 10:00 Encore Exercise 10:30 Coffee & Conversation 10:30 Communion- 4 th FL 1:00 Balance Testing 2:00 Backyard Bonfire- Back parking lot 	26 *10:00 Exercise 10:00 Shopping to Dollar Tree- Must sign up 10:30 Coffee Talk: Presented By Encore Rehab 1:30 Monster Racing Game 2:30 Women's Bible Study *6:00 Hand & Foot Cards- 3 rd	27 9:15 Seated Exercise *10:00 Exercise 10:00 Shopping to Target- Must sign up 10:30 Balloon "Bat"-Mitton 1:30 Bingo 2:30 Bingo Bucks Auction 2:30 Schwan's- Main Lobby 	28 *10:30 Coffee & Conversation *1:00 Hand & Foot Cards- 3 rd FL *2:00 Creative Coloring Activity Packets Available
29 *10:30 Coffee & Conversation 12:00 TV Catholic Service, CH 24 12:00 MN Vikings vs GB 1:00 TV Church Service, CH 24 *6:00 Yahtzee	30 *10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:30 Pumpkin Bowling 2:30 Creative Coloring 	31 *10:00 Exercise 10:00-11:00 Nailcare- Sign up 10:30 Coffee & Conversation 1:30 Boo Bingo 	Activity Information Line: Dial 4100 <h1>October 2023</h1> <h2>The Residence at North Ridge</h2>			