

Sunday

Monday

Tuesday

Wednesday

Thursday

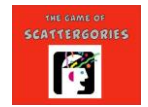
Friday

Saturday

Activity Information Line:
Dial 4100
 For menus, weather, birthdays, trivia & all other updates.
Please remember to call the "65- I'm OK Line" by 10AM each morning.

9:15 Seated Exercise **1**
 *10:00 Exercise
 10:00 Shopping to Cub- Must sign up
 10:30 Pokeno
 1:00 Sports FAN-atics
 1:30 Chair Dance Class
 2:00 Spring Craft Project- Must sign up
 May Day

9:15 Seated Exercise **2**
 *10:00 Exercise
 10:30 Spring Drive- Must Sign up
 10:00-11:00 Nailcare-Sign up
 1:30 Bingo
 *6:30 Sharing & Caring Group- 3rd FL

9:15 Seated Exercise **3**
 10:00 Encore Exercise
 10:30 Communion- 4th FL
 2:00 Social Hour w/ Scattergories


*10:00 Exercise **4**
 10:00 Shopping to Dollar Tree- Must sign up
 10:30 Pet Visit
 1:30 Feature Film: "Secretariat" Starring Diane Lane
 *6:00 Hand & Foot Cards- 3rd


*10:00 Exercise **5**
 10:00 Golden Valley Library- Must sign up
 10:30 Pet Visit
 1:30 Bingo
 2:30 Schwan's- Main Lobby


 Cinco de Mayo


*10:30 Coffee & Conversation **6**
 *1:00 Hand & Foot Cards- 3rd FL
 *2:00 Creative Coloring
 *4:00 Kentucky Derby CH 11


 Activity Packets Available


12:00 TV Catholic Service, CH 24 (& shown in Act Rm)
 1:00 TV Church Service, CH 24 (& shown in Act Rm)
 *6:00 Yahtzee **7**

9:15 Seated Exercise **8**
 *10:00 Exercise
 10:00 Shopping to Cub- Must sign up
 10:30 Pokeno
 1:00 Sports FAN-atics
 1:30 Chair Dance Class
 2:00 League Aires Video Concert


9:15 Seated Exercise **9**
 *10:00 Exercise
 10:00-11:00 Nailcare- Sign up
 10:45 Lunch Outing to Taco Johns- Must sign up
 1:30 Bingo
 2:30 Culinary Meeting
 3:00 Chaplain Chat 

9:15 Seated Exercise **10**
 10:00 Encore Exercise
 10:30 Communion- 4th FL
 *1:30 Bingo
 2:30 Social Hour


9:15 Seated Exercise **11**
 *10:00 Exercise
 10:00 Shopping to Goodwill- Must sign up
 10:30 Pet Visit
 1:30 May Birthday Party Entertainment by Diane Zilverberg

 *6:00 Hand & Foot Cards- 3rd

9:15 Seated Exercise **12**
 *10:00 Exercise
 10:00 Shopping to Walmart- Must sign up
 10:30 Pet Visit
 1:30 Mother's Day Celebration

 *3:00 Book Club- 3rd FL


10:30 Pokeno **13**
 *1:00 Hand & Foot Cards- 3rd FL
 *2:00 Creative Coloring
 Activity Packets Available

10:30 Coffee & Conversation **14**
 12:00 TV Catholic Service
 1:00 TV Church Service, CH 24
 1:30 Bingo
 *6:00 Yahtzee

 Mother's Day
 National Skilled Nursing Week

9:15 Seated Exercise **15**
 *10:00 Exercise
 10:00 Shopping to Cub- Must sign up
 10:30 Pokeno
 1:00 Sports FAN-atics
 1:30 Chair Dance Class
 2:00 Bean Bag Toss

9:15 Seated Exercise **16**
 *10:00 Exercise
 10:00 Shopping to Target- Must sign up
 10:00-11:00 Nailcare- Sign up
 1:30 Bingo

9:15 Seated Exercise **17**
 10:00 Encore Exercise
 10:30 Communion- 4th FL
 2:00 Social Hour
 Show & Tell: Photos & Memories of Mom


9:15 Seated Exercise **18**
 *10:00 Exercise
 10:30 Pet Visit
 11:00 Resident Meeting
 1:00 Ambassador Mtg-3rd FL
 1:30 Flower Planting

 *6:00 Hand & Foot Cards- 3rd


9:15 Seated Exercise **19**
 *10:00 Exercise
 10:00 Shopping to Aldi- Must sign up
 10:30 Pet Visit
 1:30 Bingo
 2:30 Schwan's- Main Lobby


*10:30 Coffee & Conversation **20**
 *1:00 Hand & Foot Cards- 3rd FL
 *2:00 Creative Coloring
 Activity Packets Available


 Armed Forces Day

12:00 TV Catholic Service, CH 24 (& shown in Act Rm)
 1:00 TV Church Service, CH 24 (& shown in Act Rm)
 *6:00 Yahtzee **21**

9:15 Seated Exercise **22**
 *10:00 Exercise
 10:00 Shopping to Cub- Must sign up
 10:30 Pokeno
 1:00 Sports FAN-atics
 1:30 Chair Dance Class
 2:00 Monday Matinee
 Victoria Day (Canada)

9:15 Seated Exercise **23**
 *10:00 Exercise
 10:00-11:00 Nailcare- Sign up
 10:45 Lunch Outing to Applebee's- Must sign up
 1:30 Bingo
 2:30 Bingo Bucks Auction
 3:00 Chaplain Chat 

9:15 Seated Exercise **24**
 10:00 Encore Exercise
 10:30 Communion- 4th FL
 2:00 Social Hour & Blood Pressure Clinic


9:15 Seated Exercise **25**
 *10:00 Exercise
 10:30 Coffee Talk: Presented By Encore Rehab
 11:00 Pet Visit
 1:30 Jeopardy Game

 *6:00 Hand & Foot Cards- 3rd

9:15 Seated Exercise **26**
 *10:00 Exercise
 10:00 Golden Valley Library- Must sign up
 10:30 Pet Visit
 1:30 Bingo
 2:30 Bingo Bucks Auction

10:30 Pokeno **27**
 *1:00 Hand & Foot Cards- 3rd FL
 *2:00 Creative Coloring
 Activity Packets Available

10:30 Coffee & Conversation **28**
 12:00 TV Catholic Service
 1:00 TV Church Service, (CH 24)
 1:30 Bingo
 *6:00 Yahtzee

29

 Memorial Day

9:15 Seated Exercise **30**
 *10:00 Exercise
 10:00 Shopping to HyVee- Must sign up
 10:00-11:00 Nailcare- Sign up
 1:30 Bingo

9:15 Seated Exercise **31**
 10:00 Encore Exercise
 10:30 Communion- 4th FL
 2:00 Social Hour & Resident Spotlight


May 2023
The Residence at North Ridge
 *Denotes Resident Led Activities