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<p>12:00 TV Catholic Service, CH 16 1:00 TV Church Service, CH 16 *Activity Packets Available 3:25 MN Vikings vs GB</p> 	<p>10:00 Exercise 10:00 Shopping to Cub- Must sign up 1:00 Sports FAN-atics</p> 	<p>9:15 Seated Exercise 10:00 Exercise 10:00-11:00 Nailcare- Sign Up 1:30 Bingo 3:00 Chaplain Chat 6:00 Sharing & Caring- 3rd FL Time to take Down the Holiday Decorations</p> 	<p>9:15 Seated Exercise 10:00 Encore Exercise 10:30 Communion- 4th FL (Ecumenical) 1:00 Pokeno 2:00 Social Hour</p> 	<p>10:00 Exercise 10:00 Shopping to Wal Mart- Must sign up 1:30 Movie Matinee</p>  <p>6:00 Hand & Foot Cards- 3rd</p>	<p>10:00 Exercise 10:30 Cribbage 1:30 Bingo 7:00 Book Club- 3rd FL</p>  <p>*Activity Packets Available MN Vikings vs CHI (To Be Announced)</p>	<p>1:00 Hand & Foot Cards- 3rd FL (Resident lead game)</p>
<p>12:00 TV Catholic Service, CH 16 1:00 TV Church Service, CH 16 *Activity Packets Available MN Vikings vs CHI (To Be Announced)</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:00 Sports FAN-atics 1:30 Price Is Right Game</p> 	<p>9:15 Seated Exercise 10:00 Exercise 10:00-11:00 Nailcare- Sign Up 1:30 Bingo 2:30 Culinary Meeting 3:00 Yahtzee</p> 	<p>9:15 Seated Exercise 10:00 Encore Exercise 10:30 Balance Testing 10:30 Communion- 4th FL 2:00 Social Hour Featuring 1960's Trivia</p> 	<p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Dollar Tree- Must sign up 1:30 January Birthday Party 3:00 Creative Coloring 6:00 Hand & Foot Cards-3rd</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:00 Rockford Road Library- Must Sign Up 10:30 Cribbage 1:30 Bingo 2:30 Schwan's Representative- Main Lobby</p>	<p>1:00 Hand & Foot Cards- 3rd FL (Resident lead game)</p> <p>*Activity Packets Available</p>
<p>12:00 TV Catholic Service, CH 16 1:00 TV Church Service, CH 16 *Activity Packets Available</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:30 Pokeno 1:00 Sports FAN-atics 2:00 Martin Luther King Jr Documentary</p>  <p>Martin Luther King Jr. Day</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:00-11:00 Nailcare- Sign Up 10:00 Shopping to Cub- Must sign up 1:30 Bingo 3:00 Chaplain Chat</p>	<p>9:15 Seated Exercise 10:00 Encore Exercise 10:30 Communion- 4th FL (Ecumenical) 2:00 Social Hour Show & Tell: Bring Something New</p> 	<p>9:15 Seated Exercise 10:00 Exercise 11:00 Resident Meeting 1:00 Ambassador Mtg-3rd FL 1:30 Scattergories 6:00 Hand & Foot Cards-3rd</p> 	<p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Aldi- Must Sign Up 10:30 Cribbage 12:00 Chow Mein Dine In- Cost \$7, Must Sign Up 1:30 Bingo</p> 	<p>1:00 Hand & Foot Cards- 3rd FL (Resident lead game)</p> <p>*Activity Packets Available</p>
<p>12:00 TV Catholic Service, CH 16 1:00 TV Church Service, CH 16 *Activity Packets Available</p>  <p>Chinese New Year (Year of the Rabbit)</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to HyVee- Must sign up 2:00 Casino Party</p>  <p>Activity Professionals Week</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:00-11:00 Nailcare- Sign Up 1:30 Bingo 2:30 Bingo Bucks Auction</p> 	<p>9:15 Seated Exercise 10:00 Encore Exercise 10:30 Communion- 4th FL (Ecumenical) 2:00 Social Hour Featuring Resident Spotlight</p> 	<p>9:15 Seated Exercise 10:00 Exercise 10:30 Coffee Talk: Presented By Encore Rehab 1:30 Celebration of Life Service</p>  <p>6:00 Hand & Foot Cards- 3rd Australia Day (observed)</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Target- Must sign up 10:30 Cribbage 1:30 Bingo 2:30 Bingo Bucks Auction 2:30 Schwan's Representative- Main Lobby</p> 	<p>1:00 Hand & Foot Cards- 3rd FL (Resident lead game)</p> <p>*Activity Packets Available</p>
<p>12:00 TV Catholic Service, CH 16 1:00 TV Church Service, CH 16 *Activity Packets Available</p>	<p>9:15 Seated Exercise 10:00 Exercise 10:00 Shopping to Cub- Must sign up 10:30 Pokeno 1:00 Sports FAN-atics 2:00 Bowling</p> 	<p>9:15 Seated Exercise 10:00 Exercise 10:00-11:00 Nailcare- Sign Up 1:30 Bingo 3:00 Chaplain Chat</p>	<p style="text-align: center;">Residence at North Ridge January 2023</p> <p style="text-align: center;">Activity Information Dial 4100 For daily menus, weather, birthdays, trivia & all other updates. Please remember to call the "65-I'm OK Line" by 10AM each morning.</p>			