



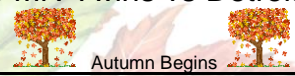



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Activity Information Line: Dial 4100</b> For daily menus, weather, birthdays, trivia &amp; all other updates. Please remember to call the "65- I'm OK Line" by 10AM each morning. *All activities take place in the Act Rm unless otherwise noted.</p>		<p><b>1</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10  7:10 MN Twins vs Chicago White Sox</p>	<p><b>2</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10  7:10 MN Twins vs Chicago White Sox</p>	<p><b>3</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 11:00 Book Club- 3<sup>rd</sup> FL 1:30 Free Bingo- Please sign up, limit 10</p>	<p><b>4</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10  1:30 Teachers' Tribute, limit 10  7:10 MN Twins vs Detroit</p>	<p><b>5</b> Catch the Twins Games on Fox Sports Ch 46  6:10 MN Twins vs Detroit</p>
<p><b>6</b> 1:10 MN Twins vs Detroit  *Activity Packets Available in Front Lobby</p>	<p><b>7</b>  <b>LABOR DAY</b> 1:10 MN Twins vs Detroit <small>Labor Day</small></p>	<p><b>8</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10 2:45 Culinary Meeting- 3<sup>rd</sup> FL 3:00 Nail Care in Suites Lounge -please sign up 7:15 MN Twins at St Louis</p>	<p><b>9</b> <b>9-3:00 Flu Shot Clinic- Act Rm</b> 9:00 Seated Exercise- 3<sup>rd</sup> FL limit 10 10:00 Exercise- 3<sup>rd</sup> FL limit 10 1:30 Free Bingo- 3<sup>rd</sup> FL Please sign up, limit 10 7:15 MN Twins at St Louis</p>	<p><b>10</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 11:00 Men's Group, limit 10 1:30 Free Bingo- Please sign up, limit 10</p>	<p><b>11</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Pokeno- Please sign up, limit 10  7:10 MN Twins vs Cleveland</p>	<p><b>12</b> 7:07 MN Twins vs Cleveland  *Activity Packets Available in Front Lobby</p>
<p><b>13</b> 3:10 MN Twins vs Cleveland  *Activity Packets Available in Front Lobby  <b>HAPPY GRANDPARENT'S DAY!</b></p>	<p><b>14</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Pokeno- Please sign up, limit 10 3:00 Nail Care in Suites Lounge -please sign up 7:10 MN Twins at Chicago White Sox</p>	<p><b>15</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10 <b>2:30 Bingo Bucks Auction</b> 7:10 MN Twins at Chicago White Sox</p>	<p><b>16</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10 <b>2:30 Bingo Bucks Auction</b> 7:10 MN Twins at Chicago White Sox</p>	<p><b>17</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10 <b>2:30 Bingo Bucks Auction</b> 1:10 MN Twins at Chicago White Sox</p>	<p><b>18</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Scattergories, limit 10 7:15 MN Twins at Chicago Cubs  <small>Rosh Hashanah Begins</small></p>	<p><b>19</b> 7:15 MN Twins at Chicago Cubs  *Activity Packets Available in Front Lobby <small>Oktoberfest Begins</small></p>
<p><b>20</b> 1:20 MN Twins at Chicago Cubs  *Activity Packets Available in Front Lobby</p>	<p><b>21</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10</p>	<p><b>22</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10 2:45 Culinary Meeting- 3<sup>rd</sup> FL  6:40 MN Twins vs Detroit  <small>Autumn Begins</small></p>	<p><b>23</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10  6:40 MN Twins vs Detroit</p>	<p><b>24</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10</p>	<p><b>25</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10  7:10 MN Twins vs Cincinnati</p>	<p><b>26</b> 6:10 MN Twins vs Cincinnati  *Activity Packets Available in Front Lobby</p>
<p><b>27</b> 2:10 MN Twins vs Cincinnati  *Activity Packets Available in Front Lobby  <small>Yom Kippur Begins</small></p>	<p><b>28</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Pokeno- Please sign up, limit 10</p>	<p><b>29</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10 3:00 Nail Care in Suites Lounge -please sign up</p>	<p><b>30</b> 9:00 Seated Exercise, limit 10 10:00 Exercise, limit 10 1:30 Free Bingo- Please sign up, limit 10</p>	<p><b>September 2020</b> The Residence At North Ridge Independent &amp; Assisted Living</p>		