

April 2019

# The Residence at North Ridge

5500 Boone Avenue North, New Hope, MN 55428 (763) 592-3000 [TheResidenceAtNorthRidge.com](http://TheResidenceAtNorthRidge.com)



*From the Desk  
of Mary Boyde*

## Celebrating April

**Lunch Outing to  
Baker's Square**  
*April 9*

**April Birthday Party**  
*April 11*

**Lunch Outing to  
Red Lobster**  
*April 18*

**Easter Sunday**  
*April 21*

**Spring Chorus Concert**  
*April 22*

**Casino Outing to Mystic Lake**  
*April 24*

**Celebration of Life Service**  
*April 25*

**Shopping Trip to Kohl's**  
*April 30*

Dear Residents, Families, and Friends:

As we greet the long awaited Spring Season, after a particularly cold and snowy winter, we also have the great pleasure of welcoming three new employees to our North Ridge family.

Jenessa Cahow, RN  
Cathy Sheets, LPN  
Mike Kane

Director of Wellness  
Assistant Director of Wellness  
Senior Living Advisor

We are all so happy to have them join our team and we are anxious for you to meet them and to get to know them. Jenessa and Mike have already started and Cathy's first day will be April 8.

Thank you for allowing us into your home each day. I speak for all of us when I say that we are truly honored and blessed to be a part of your lives and we would consider it a great favor if you were to refer us to your friends and family who may be looking for a place to live. Help us fill our building! Let everyone know the good things we are doing here and how much our staff cares about all of you.

As always, please do not hesitate to contact me with good news or special concerns. I can be reached via phone or email at 763-592-4000 or [MBoyde@nr-hc.com](mailto:MBoyde@nr-hc.com)

With great affection,

Mary Boyde  
Executive Director

## Employee of the Month



Our Employee of the Month for April is Home Health Aide, Sahra Nelson. Sahra has been nominated by several of her coworkers. Sahra is being recognized for her willingness to step in and help out in any situation. She shares her ideas and offers suggestions in a constructive manner. She's always looking for ways we can improve the quality and efficiency of our services. We appreciate Sahra's smiling face and her positive outlook. What's really special is the way she gets to know the residents she's caring for. She's able to connect with them and build bonds of trust. This quality is so evident when you see her interact with our memory care residents. Congratulations, Sahra for being our April Employee of the Month!



## Library Books

We have a wonderful collection of library books on loan from The Hennepin County Outreach Program. These are all newly released titles in large print format.

The books are available for you to check out on Tuesdays during the Book Nook at 11:00 in the Activity Room. We will be receiving a shipment of new books the first week of April. They will be unpacked and ready for you to check out on Tuesday, April 9<sup>th</sup>.

If you're a bookworm, you won't want to miss this opportunity!

Another option for reading material is our very own North Ridge Library. The library is located on the 4<sup>th</sup> floor, take a right as you exit the elevator. Any questions please see Cindy in the Life Enrichment Department.



Check Out a Library Book

## Celebration of Life Service

### We Remember



Gerry Lowe 1/28/19  
Jean Pfahl 2/07/19  
Virginia Taylor 2/16/19  
Judith Williams 2/16/19  
Mina Beal 2/17/19  
Sue Scheelk 3/03/19

Four times a year we remember & celebrate the lives of those we have lost from our community. This month our Celebration of Life will be April, 25 at 1:30 in the activity room. We will be remembering those who passed away in January, February and March.



## Volunteers

Here's to all volunteers, those dedicated people who give selflessly of their time, talent and treasures.



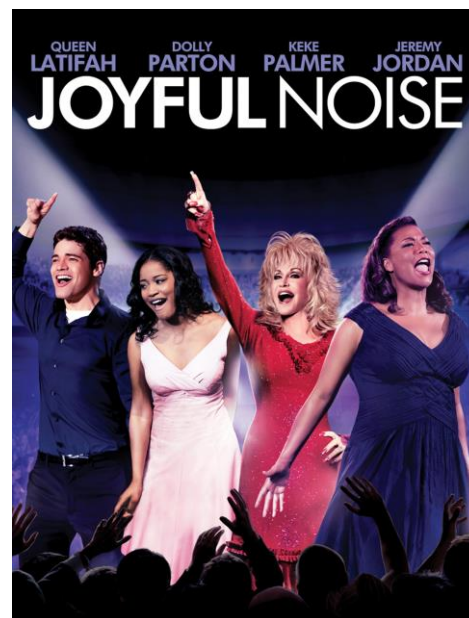
**THANK YOU**  
FOR MAKING THE WORLD  
**A BETTER PLACE**

April is Volunteer Appreciation Month. We are blessed with many wonderful volunteers that are willing to give of their time and their talents. These individuals contribute to our North Ridge community in many ways. Leading Exercise Class or Bible Study Group, calling Bingo or Pokeno, and in many other ways, these folks make a big impact on our lives. We greatly appreciate their contributions and the fact that they help add so much to our activity programming. We would like to recognize the following individuals that volunteer on a regular basis.

Jim Ericksen- Bingo & Pokeno  
Dennis Johnson- Bible Study  
Bob Johnston- Exercise, Bingo & Pokeno  
Harry Look- Bingo & Pokeno  
Len Novak- Bingo & Pokeno  
Donna Mae Rodriguez- Bingo & Pokeno  
Bob Schon- Bingo  
Phyllis Watkins- Exercise  
David Wiehe- Bingo & Pokeno  
Dick Connell- "Jack of All Trades"  
Susan Delgehausen- Bingo & Pokeno  
Eldean Johnson- Church Accompanist  
Coleen Kosloski- Healing Touch



## April Feature Film:



**Friday, April 12**  
**1:00 Activity Room**

Hard times have fallen on Pacashau, Ga., but the townspeople have faith that the Divinity Church Choir will lift their spirits by winning a national competition. The choir has always made beautiful music, but now, its two leading ladies have hit a sour note. Vi Rose (Queen Latifah) believes that a traditional style is the key to victory, but G.G. (Dolly Parton) thinks tried-and-true means tired-and-old. The two singers must find a harmonious chord or risk losing everything.

## Culinary Meetings

Tuesday April 9<sup>th</sup>  
And  
Tuesday, April 23<sup>th</sup>  
2:45  
3<sup>rd</sup> Floor Lobby



Culinary Service Meetings will now be held twice monthly. The meetings will be on the second and fourth Tuesdays of each month.

## Pizza Dine In



**Friday, April 26**

**Noon in the Activity Room**

**Cost \$7.00 (cash only)**

**You must sign up & pay in advance.**

**To keep things simple, we will be ordering all the same kind of pizza.**

**Deluxe Pizza (Italian sausage, pepperoni, Canadian bacon, olives, green pepper, mushroom & onion)**

**Also included: Pop and a Cookie**

## April Birthdays

In astrology, those born April 1–19 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!



### Happy Birthday!

Linda Johnson 4/02

Lillian Netherton 4/05

Larry Sybrant 4/08

Donna Mae Rodriguez 4/14

Gordy Anderson 4/17

Alice Johnson 4/20

David Fields 4/25

Lewis Stichter 4/28

## Chorus Concert



*"Spring Fever" Chorus Concert*  
*Monday, April 22*

*1:30*

*Activity Room*

Our chorus has been working on some fabulous spring song selections. Please come see the fun show they have put together. It will be an event to remember. What a great way to celebrate Earth Day!

## Wii Bowling

Wednesdays in April

At 2:45

In the Activity Room.



Wii Bowling is a simulated game that is played on a television screen. A Wii Remote is used to control the actions of the on-screen bowling ball.

Its lots of fun! Come check it out!!!

