

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019



The Residence At North Ridge Independent & Assisted Living

<p>11:00 Ecumenical Service 3</p> <p>1:30 Pay to Play Bingo</p> <p>6:00 Movie- "Love Story" Starring Ali MacGraw & Ryan O'Neil</p>	<p>9:00 Seated Exercise 4</p> <p>10:00 Exercise</p> <p>10:00 Shopping to Cub-(& Banks)</p> <p>10:30 2nd Bus to Cub</p> <p>1:00 Chorus</p> <p>2:00 Horse Shoes</p> <p>5:45 Chicken Foot Game-3rd FL</p> <p>5:45 500 Cards- 3rd FL</p>	<p>9:00 Seated Exercise 5</p> <p>10:00 Exercise</p> <p>10:00 Shopping to HyVee-(Wells Fargo Bank)</p> <p>11:00 Book Nook</p> <p>1:00 Nail Care- Please sign up</p> <p>3:00 Rosary-4th fl Meditation Rm</p> <p>5:45 500 Cards- 3rd FL</p> <p><small>Mardi Gras</small></p>	<p>7:00 Barber Shop 6</p> <p>9:00 Seated Exercise</p> <p>10-10:45 Live 2B Healthy</p> <p>10:30 Corner Home Medical- <small>Please sign up</small></p> <p>11:00 Communion- 4th FL</p> <p>*1:00 Pay to Play Bingo/Social</p> <p>2:45 Ash Wednesday Service</p> <p>5:45 Hand & Foot Game-3rd FL</p> <p><small>Ash Wednesday</small></p>	<p>9-9:45 Live 2B Healthy 7</p> <p>9:00 Seated Exercise- 3rd FL</p> <p>10:00 Protestant Service-2W</p> <p>11:00 Book Club- 3rd FL</p> <p>1:30 Scattergories</p> <p>3:00 Bible Study- 4th FL</p> <p>5:45 Hand & Foot Game- 3rd</p> <p>6:00 Cribbage- 3rd FL</p>	<p>9:00 Seated Exercise 8</p> <p>10:00 Exercise</p> <p>10:00 Catholic Mass- 2W DR</p> <p>10:30 Coffee & Connections Mtg.</p> <p>1:00 Feature Film: "Battle of The Sexes" Starring Emma Stone & Steve Carell</p> <p>7:00 Pay to Play Bingo</p>	<p>9:45-10:30 Live 2B 2</p> <p>Healthy Exercise</p> <p>1:30 Pay to Play Pokeno</p>
<p>11:00 Ecumenical Service 10</p> <p>1:30 Cards- 3rd FL</p> <p>6:00 Movie- "Kindergarten Cop" Starring Arnold Schwarzenegger</p> <p><small>spring forward</small> Daylight Saving Time Begins</p>	<p>9:00 Seated Exercise 11</p> <p>10:00 Exercise</p> <p>10:00 Shopping to Cub-(& Banks)</p> <p>10:30 2nd Bus to Cub</p> <p>1:00 Chorus</p> <p>2:00 Horse Shoes</p> <p>5:45 Chicken Foot Game-3rd FL</p> <p>5:45 500 Cards- 3rd FL</p>	<p>9:00 Seated Exercise 12</p> <p>10:00 Exercise</p> <p>10:30 Lunch Outing to Claddagh Irish Pub</p> <p>11:00 Book Nook</p> <p>1:00 Nail Care- Please sign up</p> <p>3:00 Rosary-4th fl Meditation Rm</p> <p>5:45 500 Cards- 3rd FL</p>	<p>9:00 Seated Exercise-3rd FL 13</p> <p>10-10:45 Live 2B Healthy- 3rd FL</p> <p>11:00 Communion- 4th FL</p> <p>1-4:00 Massage Therapy- <small>Please sign up</small></p> <p>1:30 Pay to Play Bingo <small>Followed by Social-3rd FL</small></p> <p>5:45 Hand & Foot Game-3rd FL</p> <p>7:00 Rince Nua Irish Dancers</p> <p><small>Ash Wednesday</small></p>	<p>9-9:45 Live 2B Healthy 14</p> <p>9:00 Seated Exercise- 3rd FL</p> <p>10:00 Protestant Service-2W</p> <p>10:00 Shopping to Wal-Mart</p> <p>1:30 Birthday Party <small>Entertainment by Brian Peterson</small></p> <p>3:00 Bible Study- 4th FL</p> <p>5:45 Hand & Foot Game- 3rd</p> <p>6:00 Cribbage- 3rd FL</p>	<p>9:00 Seated Exercise 15</p> <p>10:00 Exercise</p> <p>10:00 Catholic Mass- 2W DR</p> <p>1:30 St. Patrick's Day Celebration</p> <p>2:00 Schwan's Representative- Front Lobby</p> <p>7:00 Pay to Play Bingo</p>	<p>9:45-10:30 Live 2B 16</p> <p>Healthy Exercise</p> <p>1:30 Pay to Play Pokeno</p>
<p>11:00 Ecumenical Service 17</p> <p>1:30 Cards- 3rd FL</p> <p>6:00 Movie- "Beyond Celtic" Musical Video</p> <p> St. Patrick's Day</p>	<p>9:00 Seated Exercise 18</p> <p>10:00 Exercise</p> <p>10:00 Shopping to Cub-(& Banks)</p> <p>10:30 2nd Bus to Cub</p> <p>1:00 Chorus</p> <p>2:00 Horse Shoes</p> <p>5:45 Chicken Foot Game-3rd FL</p> <p>5:45 500 Cards- 3rd FL</p>	<p>9:00 Seated Exercise 19</p> <p>10:00 Exercise</p> <p>10:00 Shopping to Dollar Tree</p> <p>11:00 Book Nook</p> <p>1:00 Nail Care- 3rd FL <small>Please sign up</small></p> <p>3:00 Rosary-4th fl Meditation Rm</p> <p>5:45 500 Cards- 3rd FL</p>	<p>7:00 Barber Shop 20</p> <p>9:00 Seated Exercise</p> <p>10:00 Mobile Optics Eyewear Service- <small>Please sign up</small></p> <p>10-10:45 Live 2B Healthy</p> <p>11:00 Communion- 4th FL</p> <p>1:30 Pay to Play Bingo/Social</p> <p>5:45 Hand & Foot Game-3rd FL</p> <p><small>Spring Begins</small></p>	<p>9-9:45 Live 2B Healthy 21</p> <p>9:00 Seated Exercise- 3rd FL</p> <p>10:00 Protestant Service-2W</p> <p>10:30 Lunch Outing to The Lookout</p> <p>11:00 Book Club- 3rd FL</p> <p>2:00 Resident Meeting</p> <p>3:00 Bible Study- 4th FL</p> <p>5:45 Hand & Foot Game- 3rd</p>	<p>9-12:00 AARP Tax Assistance- <small>must sign up</small> 22</p> <p>9:00 Seated Exercise- 3rd FL</p> <p>10:00 Exercise- 3rd FL</p> <p>10:00 Catholic Mass- 2W DR</p> <p>1:30 Leprechaun Racing Game</p> <p>7:00 Pay to Play Bingo</p>	<p>9:45-10:30 Live 2B 23</p> <p>Healthy Exercise</p> <p>1:30 Pay to Play Pokeno</p>
<p>11:00 Ecumenical Service 24</p> <p>1:30 Cards- 3rd FL</p> <p>6:00 Movie- "Skylark" Starring Glen Close & Christopher Walken</p>	<p>9:00 Seated Exercise 25</p> <p>10:00 Exercise</p> <p>10:00 Shopping to Cub-(& Banks)</p> <p>10:30 2nd Bus to Cub</p> <p>1:00 Chorus</p> <p>2:00 Horse Shoes</p> <p>5:45 Chicken Foot Game-3rd FL</p> <p>5:45 500 Cards- 3rd FL</p>	<p>9:00 Seated Exercise 26</p> <p>10:00 Exercise</p> <p>11:00 Book Nook</p> <p>1:00 Nail Care- <small>Please sign up</small></p> <p>3:00 Rosary-4th fl Meditation Rm</p> <p>5:45 500 Cards- 3rd FL</p>	<p>9:00 Seated Exercise 27</p> <p>10-10:45 Live 2B Healthy</p> <p>10:00 Casino Outing to Mystic Lake</p> <p>11:00 Communion- 4th FL</p> <p>1:30 Pay to Play Bingo/Social</p> <p>3:00 Falls Prevention Seminar</p> <p>5:45 Hand & Foot Game-3rd FL</p>	<p>9-9:45 Live 2B Healthy 28</p> <p>9:00 Seated Exercise- 3rd FL</p> <p>10:00 Protestant Service-2W</p> <p>10:00 Shopping to Target</p> <p>1:30 Game Show Challenge</p> <p>3:00 Bible Study- 4th FL</p> <p>5:45 Hand & Foot Game- 3rd</p> <p>6:00 Cribbage- 3rd FL</p>	<p>9:00 Seated Exercise 29</p> <p>10:00 Exercise</p> <p>10:00 Catholic Mass- 2W DR</p> <p>10:30 Baking Group</p> <p>1:30 New Resident Social</p> <p>7:00 Pay to Play Bingo</p>	<p>9:45-10:30 Live 2B 30</p> <p>Healthy Exercise</p> <p>1:30 Pay to Play Pokeno</p>

11:00 Ecumenical Service **31**

1:30 Cards- 3rd FL

6:00 Movie-
"Steel Magnolias"
Starring Sally Field & Shirley MacLaine



Activity Information: Dial 4100

All activities are held in the activity room unless otherwise noted.
Any changes to the calendar will be posted in the elevators.
Please remember to call the "65- I'm OK Line" by 10AM each morning.

